



WAIKATO LACROSSE ASSOCIATION (WLA) GIRLS INTERMEDIATE SCHOOL BYLAWS (EFFECTIVE Term 4 2025)

1. INTRODUCTION

1.1. These bylaws are the rules under which the WLA Girls Intermediate School competitions will be run.

2. AMENDMENTS

2.1. The WLA committee may make amendments to these bylaws at any time.

2.2. Proposals for amending these bylaws should be sent in writing to the WLA.

3. REGISTRATION OF PLAYERS

3.1. All players must be registered as a member of an affiliated school. The affiliated school must provide details of all registered members to the WLA.

3.2. Registrations with WLA are valid for a year from the date of registration.

3.3. The WLA has the jurisdiction to not allow a player to play in a WLA run league if they owe money to NZ Lacrosse or to the WLA, or as a result of a disciplinary process.

4. COMPETITION RULES

4.1. A win will be 3 points, a draw 1 point and a loss 0 points.

4.2. Matches shall take place between teams of affiliated schools under conditions arranged by the WLA who shall determine the format of competition each year.

4.3. The WLA shall fix dates and times of all games, allocate grounds and decide the number of rounds to be played in each division.

4.4. The WLA committee has the power to alter any dates fixed or fields allocated, to postpone and re-schedule matches and generally direct and govern matches.

4.5. The score sheet for each game must be completed by both teams with their team list and handed back to the table umpire before the start of the game. Players can be added to the score sheet at any time, as long as it does not interrupt play. Players may not take the field until they are on the score sheet.

4.6. **In the event of a draw during round-robin games**, teams will receive 1 point each. **In the event of a draw during semi-finals and finals** "sudden victory" will be played as per World Lacrosse rules.

4.7. Teams must provide one person to score or time the game who is not the coach of the team.

4.8. Players will receive demerit points as per World Lacrosse rules for warning cards. If a player reaches 8 points she will sit out the following game. She will sit out a second match if she accrues an additional 6 points, and a third match if she accrues an additional 4 points. If she accrues 8 points on the last game of the first half, she will sit out the first game of the second half. Her points will reset meaning she would need to accrue 8 additional points to sit out a game in the second half of the season.

Yellow card - 2 points

Straight red card - 8 points

A yellow/red card (second yellow card in a game) is counted as a second yellow card so a total of 4 points (2 points for each yellow card).

5. MATCH PLAY

- 5.1. The WLA has adopted World Lacrosse rules in addition to those below.
- 5.2. Games will be played 6 a side with a maximum team size on game day of 12.
- 5.3. There may only be 3 players around the centre circle, outside the 11m fan, for draws.
- 5.4. There are no offsides for field players. The goalie must stay behind half way.
- 5.5. Any foul that is a check to the head, dangerous follow through to the head, or dangerous propelling at the head that is yellow carded, will be upgraded to a 5 minute time penalty.
- 5.6. Games will be 20 minute halves. Stop clock will be played in the last 30 seconds of the first half and the last 2 minutes of the second half.
- 5.7. Teams will have one x 90 second time-out per game.
- 5.8. **Mercy:** If a team is winning by a margin of 8 goals or more, they will forfeit (with the opposition captain's consent) the next draw following any goal scored. The opposition centre will be awarded a free position on the centre line.
- 5.9. There will be stick checks before each game and pockets must be regulation depth.
- 5.10. All jewellery must be taped flat.

6. EQUIPMENT

- 6.1. Players must wear an intra-oral mouthguard. Clear and white mouthguards may be worn.
- 6.2. It is recommended (but not mandatory) that players wear lacrosse goggles as eye protection.
- 6.3. Players must use a girls or womens lacrosse stick.
- 6.4. A soft mod-crosse ball will be used for games.
- 6.5. A goaltender is required to wear a helmet with a throat guard, intra-oral mouthguard, chest protector and gloves.
- 6.6. A goaltender may wear any other field lacrosse goalie equipment, field hockey shorts, or football shin guards.
- 6.7. A goaltender may not wear hockey goaltender shin guards or shoe protection.

7. GENERAL

- 7.1. The WLA committee shall have the power to deal with all matters which may arise that are not provided for in these by-laws.